

Dear parents,

Before coming to vision therapy my symptoms were blurred vision at a distant and close up. I used to get head aches from reading. It wasn't good. Then, I started going here. And it was awesome.

The best thing we do is the Polorged 3-d game. It is an activity that you wear 3d glasses. There is a plastic rectangle that can slide on two sides. It has a 3-d rope. The doctor slides the two sides apart and you have to keep it one circle.

Another thing is the rotating circle with letters. They have big and small ones. What you have to do is find the letters with it spinning. It's hard at first, but it gets easier as you go.

Going to vision therapy was very good. I can read at a good distance with no pain. I am glad I got to go.

Sincerely
A.J.